

# SCP SWIM SCHEDULE

## February 24 - March 2



	MON 24	TUES 25	WED 26	THURS 27	FRI 28	SAT 1	SUN 2
Special Notes	School Swim Meet 9am-1:30pm	School Group 12pm-1:30pm	Quiet Swim 1pm-2pm	School Group 11:30am-1:30pm	BC Provincial Dive Meet Quiet Swim & Adult Only Friday: 9am-6pm, Saturday-Sunday: All Day		
Pool Hours	5:30am-10pm	5:30am-10pm	5:30am-10pm	5:30am-10pm	5:30am-10pm	8am-6pm	8am-6pm
Leisure Swims	5:30am-3pm 9pm-10pm	5:30am-9am 12:15pm-2:30pm 7:15pm-10pm	5:30am-9am 2pm-2:45pm 9pm-10pm	5:30am-3pm 7:15pm-10pm	5:30am-9am		
Quiet Swim & Adult Only					9am-7pm	8am-6pm	8am-6pm
Open Swim	7:15pm-9pm		7pm-9pm		7pm-10pm		
Lessons & Lengths	3pm-7:15pm	9am-12:15pm 2:30pm-7:15pm	9am-1pm 2:45pm-7pm	3pm-7:15pm			
Quiet Swim			1pm-2pm				

*All times subject to change at short notice. Please call 250-475-7600 if you have any questions or go to [saanich.ca/swim](http://saanich.ca/swim)*

## Swim Descriptions

<b>Leisure Swims</b>	Everyone is welcome to enjoy the pools for fitness and leisure. Children, 7 years and younger must be accompanied by an adult (16+) and may enjoy the wave pool, tots pool and teach pool when available. Please note that this session shares the pools with many types of programs. Waves available upon request. The waterslide is unavailable at this time.
<b>Quiet Swim &amp; Adult Only</b>	During the Dive Meet, only adults (16+) will be allowed in the pool area. The athletes need a quiet environment to help them focus and perform their best.
<b>Open Swims</b>	Dive into the excitement at our open public swim session! Experience the thrill of the wave pool as you ride the waves or challenge yourself with daring dives from our diving boards. Join us for a splashing good time filled with fun and adventure for everyone.
<b>Lessons &amp; Lengths</b>	Public Drop in access to Wave Pool (shared with lessons), Sauna, Steam Room, Tots Pool and Hot Tub. Teach Pool is only Lessons and Lengths during this time. For Length Swimming and Water Walking available please see Length Swimming Schedule. <i>There is a maximum capacity of leisure participants during this time.</i>
<b>Quiet Swim</b>	Enjoy some quiet time at the pool. There will be no music playing and lots of length swimming space available.
<b>Hot Zones</b>	We have a Hot Tub, Sauna, and Steam Room for your enjoyment! Typically, all are open during regular pool hours. Hot Tub is for 13 years and up. Sauna and Steam Room are for 16 years and up.

**All Children 7 years of age and younger must be within arms reach of an adult 16+ at all times while they're in the water.**